

## Get psyched!

the store the seminars

Tempe, Arizona

11709 East Guadalupe Road

Tempe, Arizona 85283

Voice: (480) 839-6400

FAX: (480) 839-6411

lettie@GetPsychedTheStore.com

www.GetPsychedTheStore.com

## NEWS RELEASE

Please publish only our  
480-839-6400 Phone Line

### FOR IMMEDIATE RELEASE

Contact: Lettie Weiner  
480-238-8385 (do not publish)  
[lettie@GetPsychedTheStore.com](mailto:lettie@GetPsychedTheStore.com)

October 14, 2006

### **“JOURNEY FROM GRIEF TO GRATITUDE” IS AN UPBEAT AND INSPIRATIONAL LOOK AT THE GRIEVING PROCESS WITH THE AUTHOR OF *GIFTS OF SISTERHOOD*, PATRICIA L. BROOKS, MAOM**

**WHAT:** “Journey from Grief to Gratitude” is an upbeat and inspirational look at the grieving process through the eyes of a sibling survivor and **author of the book *Gifts of Sisterhood*, Patricia L. Brooks, MAOM**

**COST:** **\$10 per person \$15 per two persons.** Pre-registration required in store, by phone (480-839-6400), or online with *PayPal* at [www.GetPsychedTheStore.com](http://www.GetPsychedTheStore.com). For more information: 480-839-6400 or [info@GetPsychedTheStore.com](mailto:info@GetPsychedTheStore.com)

**WHEN:** **Wednesday, November 8, 7 P.M. – 8:30 P.M.**

**WHERE:** **Get Psyched! the store, the seminars, 1709 E. Guadalupe Rd., Tempe**  
(SW corner of Guadalupe and McClintock)

**WHO:** **Patricia L. Brooks, LLC** is an inspirational speaker who has contributed to the development of successful women for many years. She has been a university faculty associate for over ten years and is currently teaching marketing at Arizona State University Polytechnic Campus. Patricia has published articles, written short stories, edited university curriculum and developed a career of seminar presentations. She is a member of the National Association of Women Writers and president/founder of the Scottsdale chapter. Her first book - *Gifts of Sisterhood-a journey on to your own* - is a personal perspective and celebration of her sister's life. Her workshop entitled, *Journey from Grief to Gratitude*, has made her a favorite for many wellness programs and organizations. For more information see [www.plbrooks.com](http://www.plbrooks.com)

**Get Psyched!** is dedicated to providing information and products of a psychological nature to community residents of the Phoenix Valley. This first of its kind enterprise offers mental health professionals, teachers, parents, and other adults, information, aids, and seminars to foster healthier individuals, couples, families, and communities. Our dream is to provide consumers with information and materials that promote emotional health, spiritual growth, and physical well-being all of which lead to psychological health. For more information please call 480-839-6400

-30-

**Get Psyched! Press Release “Journey from Grief to Gratitude” by Patricia L. Brooks, MAOM**  
**11/8/06**