

**FOR IMMEDIATE RELEASE**

Contact: Patricia L. Brooks  
Title: Author, Speaker, Business Coach, Faculty  
Address: 7970 E. Camelback Rd., 710, Scottsdale, AZ 85251  
Cell (480-250-5556) Anytime  
Email: [patricia@plbrooks.com](mailto:patricia@plbrooks.com) and Web Site: [www.plbrooks.com](http://www.plbrooks.com)

**LONG TIME ARIZONA RESIDENT  
TO DEBUT FIRST BOOK IN SIERRA VISTA**

**SCOTTSDALE**, Arizona, April, 2005 – Long time Arizona resident and new Scottsdale author, Patricia L. Brooks will debut her first book entitled “*Gifts of Sisterhood – a journey on to your own*” with a book signing, reading and discussion at B. Dalton Booksellers at Sierra Vista Mall on Saturday, April 30<sup>th</sup> from 11:00-4:00 p.m. Come join her as she makes this insightful perspective come to life for you!

Patricia’s book is an inspirational portrait of a relationship of two sisters who were friends, confidants and soul mates. The book reflects on the gifts of Faith, Courage, Friendship, Love, Happiness, Acceptance – just to name a few, as well as insight into a philosophy of life worth emulating by inspiring you to write about your gifts.

Patricia takes you from northern Michigan’s Upper Peninsula, where they grew up near Mackinac Island, to their roots in County Tipperary, Ireland. The journey is fresh and uplifting, moving and generous in its account of this sister’s perspective of a life worth remembering, and of the words her sister lived by.

**BIO INFORMATION:**

Patricia is owner of Patricia L. Brooks Seminars ([www.plbrooks.com](http://www.plbrooks.com)), is associate faculty at Arizona State University – East Campus where she teaches Marketing, is a member of the Phoenix Writers Club, the Women Writers of the Desert, the National Association of Women Writers, and the Arizona Small Business Association.

She has resided in Arizona for almost 30 years, while leaving her heart in the Upper Peninsula of Michigan – the backdrop for her book. She has two other sisters – Kathy in Montrose, MI and Carol in Loveland, CO.

Patricia holds a Masters Degree in Organizational Management, the Advanced Toastmasters designation, was recently named to “Who’s Who of America’s Teachers,” and as an outstanding presenter for the Arizona Small Business Association.

**CONTACT INFORMATION:**

Patricia can be reached at [patricia@plbrooks.com](mailto:patricia@plbrooks.com) or 480-250-5556 for speaking engagements on the writing and inspiration of the book or the marketing plan she has in place for her book tour. Book ordering information is as follows:  
ISBN#1-4208-1875-9 – available at [www.authorhouse.com](http://www.authorhouse.com) or [www.amazon.com](http://www.amazon.com)  
or phone orders – 1-888-280-7715.